

THE BEST DAY OF THE WEEK

Why We Love the Lord's Day

William Boekestein

illustrated by Brian Hartwell



Reformation Heritage Books
Grand Rapids, Michigan

The Best Day of the Week

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To our parents,
for teaching us the beauty of the Lord's Day

—WB, BH



*I was glad when they said to me,
"Let us go into the house of the LORD."*

—PSALM 122:1

Hi! I've been going to worship for as long as I can remember. I'm still young, so I don't know everything, but I'd like to tell you a few things I know about this special meeting time with God. Every Sunday is a little different. So is every congregation and every family. But I'll tell it like it usually is for our family. To tell the whole Sunday story, I have to start on Saturday evening.





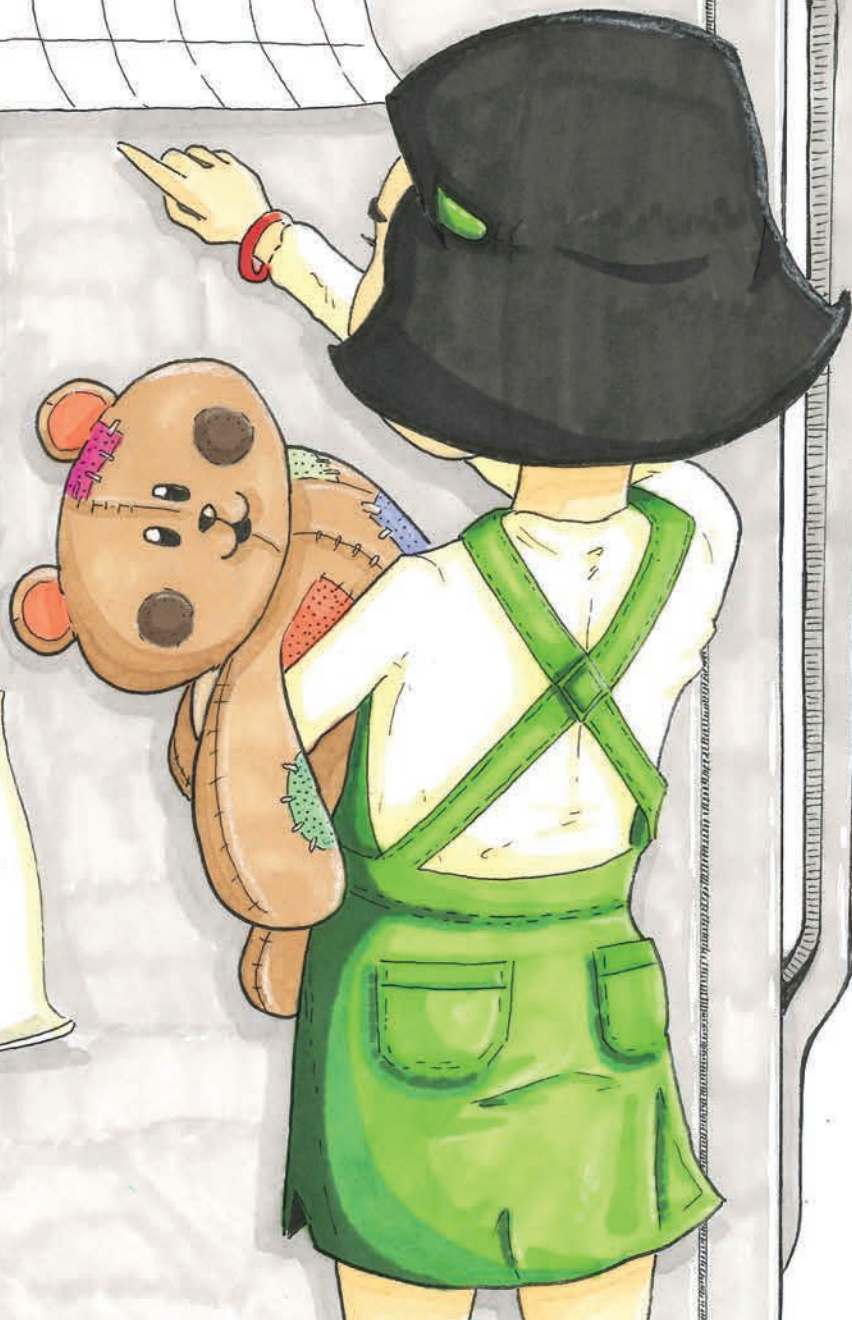
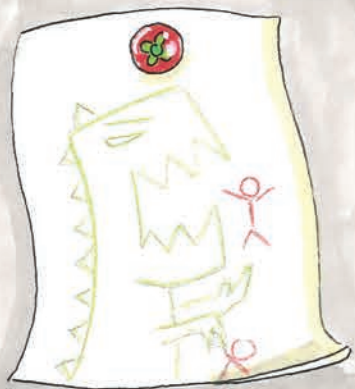
“Kids, it’s almost bedtime. Come upstairs for a bath.”
Even before we hear Mom’s voice, we know it’s bath time when we hear water crashing into the tub.

“Is it bedtime already?” That’s my little sister. She sometimes forgets that we should be clean and well rested for meeting God on Sunday morning.

After bath time, we always pile on the sofa for family worship. All the readers in the family read a few verses from the Bible, and Dad helps us understand what we've read. After reading the Bible, we sing a song together before prayer time. "That's the way to end a day!" says Dad as he kisses us goodnight.



Sun	Mon	Tue	Wen	Thur	Fri	Sat
	X	X	X	X	X	X
	X	X				



One of my little sisters always asks on Sunday mornings, "Is it worship day today?" Somehow, she always seems to know. The day just feels different from the others. And it is. The fourth commandment says we must "remember the Sabbath day, to keep it holy" (Ex. 20:8). "Holy" means special. God's special day reminds us that Jesus rose from the dead for our salvation. It also helps us to think about the rest that God will give His children in heaven.

We go to bed early on Saturday so we can wake up on Sunday not feeling too tired or being too rushed to get ready. One time I forgot breakfast and my stomach growled so loudly that I think it frightened people. What do you like to eat in the morning?

